



BRIDGECHAT

<https://www.acc.af.mil/About-Us/The-Bridge/>

M A R C H 2 0 2 2

Bridge Chat Overview and Importance

Every Airman and Guardian brings unique perspectives, experience, and abilities to the table. It is our diversity that makes us strong. Having the confidence to be who we truly are and feeling supported as we express ourselves is a necessary part of building an unbreakable team. This goes well beyond surface personality traits. Feeling empowered to be yourself includes feeling comfortable to express how you think and reason, how you feel, what you have to contribute to others and who you are beneath it all. It is the responsibility of every Airman and Guardian to create an environment that gives others the power to be who they are.

Chat Reminders

► Based on feedback from the field:

August 2019 resilience tactical pause feedback told us that our teammates overwhelmingly want continued, sustained and consistent opportunities to talk with their leaders.

► Leaders have flexibility. HQ ACC provides the topic, but the timing, delivery, and discussion questions are at the commander's discretion.

► Cohesive teams built on trust and synergy are more effective

Above all else...

Demonstrate respect for human dignity

The Power to be Me

Bridge Chat Purpose: Create cohesive, high-performing teams that foster trust and connection through flexible and consistent small group discussions; in direct response to overwhelming feedback from the CSAF 21's Resilience Tactical Pause.

Getting the Conversation Started

VIDEO: General C.Q. Brown Talks About the Power of Diversity, Inclusion and Belonging <https://youtube.com/watch?v=TMtzJiY0t28>

"In the Information Age and the modern battlefield, a culture of teamwork that integrates everyone's diverse abilities, talents, and ideas is essential to maximize and deliver meaningful results."

– General C. Q. Brown, CSAF

Related Resources

What gives us the power to be who we are is having an unshakable understanding of our identity that is independent from the ever-changing aspects of life. U.S. Air Force Lt. Col. Kent A. Lundy, 181st Intelligence Wing chaplain, expands in this video: <https://www.dvidshub.net/video/754081/spiritual-resilience-identity> (5:08)

"To perform, we need top talent. Today we claim the title 'World's Greatest Air Force,' but to remain so, we must learn to be comprehensively inclusive, throughout our ranks, and throughout our specialties. If we get this right, we will glean significant benefit from the many perspectives of the population we serve."

– Air Force Secretary Deborah Lee James

Suggested Discussion Questions

1. What are your super powers?
2. In what ways does your team support your individuality?
3. How can feeling empowered to be yourself impact your fellow Airmen and Guardians?
4. How does the spiritual resilience Lt. Col. Kent A. Lundy spoke about contribute to the power we have to be who we are?
5. Describe a time when you felt like you didn't belong. How did that feeling impact you and your performance?
6. How is your unit demonstrating support for diversity and inclusion?



<https://www.acc.af.mil/>